



# BIWEEKLY BULLETIN

*The official news bulletin of Holyrood Academy*



## DEAR PARENT/CARER,

I hope that your child(ren) has/have had an excellent start to the new academic year at Holyrood! It has been a very pleasing start, not least by the students who have joined us in Year 7 and Year 12. We are delighted to welcome 240 new students into Year 7 and 90 students into Year 12!

There are lots of opportunities to come in and see what is going on at Holyrood and to see the great work that our students are doing. Here are some dates for your diary:

- **Thursday 5th October, 17:30:** Sixth Form Open Evening. Our Sixth Form continues to go from strength-to-strength and we are growing the number of courses on offer. Come along and find out more!
- **Thursday 12th October, 17:00:** Open Evening. Come and see our school, even if you already have a child here, you are most welcome.

**HOLYROOD**  
ACADEMY

### FEATURED THIS WEEK:

- **We are a Nut Free School**
- **Turning In To Teens**
- **Ice Cream for Ecuador**
- **Open Evening**
- **Sixth Form Open Evening**
- **Year 11 Exam Success Evening**
- **Year 7 Meet the Tutor**

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- **Monday 16th October, 09:30-11:00:** We are delighted to welcome parents and carers to our school for a coffee and cake morning! This will be held in the Bennett Building Dining Hall and is an opportunity to meet other parents and discuss all things Holyrood and Chard. Please come along and see us. We would be happy to take small groups on tours around the school while it is at work.
- **Tuesday 17th October:** Year 11 Exam Success Evening. All parents/carers of Year 11 students, please come along and learn about how to support your child in the lead-up to exams.
- **Thursday 19th October:** Year 7 Meet the Tutor Evening. All parents/carers of Year 7 students, please come along and meet your child's tutor to hear a little about how your child has settled in and ask any questions you might have.

I am looking forward to seeing many of you as you visit the school over the next couple of weeks.

**Best Wishes**  
**MR. DAVE MACCORMICK**  
Headteacher



## WE ARE A NUT FREE SCHOOL



Let's keep all our friends,  
staff and students, safe.

## ICE CREAMS FOR ECUADOR



Buy your rocket ice lollies from C3

At

Break and lunch time

EVERY DAY ( until half term)



*Poetry Club  
with  
Mr. Webber  
Monday lunchtimes in A11*

POETRY  
IS THE  
RHYTHMICAL  
CREATION OF  
BEAUTY IN  
WORDS

*Discover the 'spontaneous overflow of powerful feelings recollected  
in tranquility'*

*Tap into your inner Romantic poet.  
Write original poems, then read them to others.  
Become a performance poet!*

## Film Making Club!!!

Mr Western  
B4 on Thursday Lunch times

Calling all aspiring film makers.  
We are putting together a crew.  
We need:

Actors  
Cameramen  
Writers  
Editors  
Cinematographers

Meeting every Thursday to start planning  
our production.





# Cook Club






Years 9 - 13 Attendees and Helpers are most welcome but please sign up if you intend to help. Places are also limited. This counts as D of E volunteering work if you can already cook or learning a skill if you can't.

**Wednesdays after School until about 16:30.**

**In C2. Starts 20th Sept. Any Year Group.**

**Sign up and collect an Ingredients List from C2 or C3 before the end of Monday 18th Sept.**

**Places are limited to 15 Students. Open to any Year Group.**

20/09 Brunch Tarts	27/09 Creamy Pasta	04/10 Marbled Fruit Tray Bake	11/10 Spider Cup Cakes	18/10 Chicken Goujons
				

## HOMework CLUB

EVERYONE WELCOME

Monday – Thursday

3.10pm-4.20pm

The Learning Centre

(Upper Site)

Come along and complete your homework in a calm and supportive environment.

# SIX FORM OPEN EVENING FOR YEAR 11S



## OPEN EVENING

THURSDAY 5TH OCTOBER

5:30PM

#WHY STUDY ANYWHERE ELSE



Available in  
The  
Learning  
Centre!!





# TURNING IN TO TEENS | PARENTING PROGRAMME

Dear Parent/Guardian,

You are invited to take part in a free programme that aims to help you and your adolescent manage the many emotional challenges of this stage of life. Tuning in to Teens is a six-week parenting programme. The programme will teach you how to manage your own and your adolescents' emotions in ways that help you to remain close and keep communicating. By learning these skills, you are less likely to have as much conflict within your family and your teen is more likely to talk to you about the challenging issues they face. These are factors that have been found to reduce the risk of mental health and substance abuse problems.

## What is Emotional intelligence?

The programme is based on the concept of Emotional Intelligence. Emotional Intelligence (EQ) is about using your emotions to guide you through the world. It is about being able to use your own knowledge of emotions to make decisions, to calm yourself down, to manage anger and conflict, to help you in your relationships with people, to know what is happening in social situations, and to assist you in many aspects of life where you or another person are involved.

## Why is Emotional Intelligence important?

Research has shown that teens with greater emotional intelligence:

- are more aware, assertive and strong in situations of peer pressure
- have greater success with making friends and are more able to manage conflict with peers
- are more able to cope when upset or angry
- have fewer mental health and substance abuse difficulties
- have more stable and satisfying relationships as adults
- have greater career success. Emotional Intelligence may be a better predictor of academic and career success than IQ.



When parents focus on helping their teen learn about emotions, the young person is more likely to have higher emotional intelligence. In this parenting programme we will teach parents what to do to help these skills develop, and in doing so we expect teens to manage adolescence better.

To confirm your participation in this parenting programme, please send an email to Caroline Markham at [cmarkham@holyrood.uat.ac](mailto:cmarkham@holyrood.uat.ac).

The dates for this course are as follows:

**Tuesday 31st October 2023**

**Tuesday 7th November 2023**

**Tuesday 14th November 2023**

**Tuesday 21st November 2023**

**Tuesday 28th November 2023**

**Tuesday 5th December 2023**

Lovely written comments from parents, who attended previous Tuning into Teens courses:

*“Helped me to understand my kids and see where I went wrong during arguments”*

*“I can see a considerable change at home from all of us and better behaviour...”*

*“A well explained course, made fun & interesting....”*

*“Things much calmer at home”.*

*“I feel everyone should do the course...”*

*“Well taught, talked through on how to implement approaches...”*

*“Sad to end the course – more sessions would be nice ”.*

The time for this will be **5.30pm - 7.30pm and will be at Holyrood Academy** - please report to the main reception a few minutes before the start time; refreshments provided. If you have any questions, please feel free to contact me.

Kind Regards  
Caroline Markham  
(Parent & Family Support Advisor)

